

Audi Skicross Tour EC, St.Moritz

EVENT MEDICAL PLAN



February, 4th to 5th 2023

Program for the Medical Service (10 min before the beginning on the position)

Official Program

Saturday	14.1.23, 09.40-13.30	1. Race Europacup	Ski Cross Course Salastrains
Sunday	15.1.23, 09.40-13.30	2. Race Europacup	Ski Cross Course Salastrains

1. Medical Organisation

MEMBERS	Didi Waldspurger Armon Godly Sandra Krähenbühl	Race Director Medical Director Paramedic/Rettungssanitäterin	+41 79 445 51 52 +41 79 363 38 47 +41 79 509 79 33 Sandra.kraehenbuehl@bluewin.ch
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2. Medical Service

- **during official training and competition**
- Phone: +41 81 836 50 40 SOS Corviglia
- **All other times** OC Radio
- Emergency Call 144

3. Rescue teams for athletes on the course

Competition-Day

- 1 Race Doctor; is by training beginning at the start.

- 1 ALS-Rescue-Teams on start.
- Helicopter in 10 min on the site (if necessary)

Every Rescue-Team consists of ALS-Equipment

- Resuscitation equipment
- Immobilisation equipment
- Transport equipment Ski Doo / Akja
- Communications equipment

4. Team Doctors

- May approach their injured racer once the slopes have been closed and the patroller has given permission
- Attendance during transport (on land or in the air) cannot be guaranteed.
- The emergency doctor is responsible for the medical care of the athlete.

5. Air Rescue

- If for the rescue of the athlete a helicopter is necessary, the mountain rescue team is responsible, also for the technical operational command.
- 1 Helicopter / Air Ambulance are on the Samedan, flying time from coming 10 min.

6. ALS-Equipment

- 1 First aid worker
- Resuscitation equipment
- Immobilization equipment
- Communication equipment
- Emergency drugs

7. Available transport units

- 1 Ski Doo
- 2 Akja
- 1 Emergency ambulances (DIN EN 1789)
stationed at the valley station St.Moritz and Samedan
- 1 Helicopter, stationed on the Samedan

8. Security on the slopes

Medical Director: Mountain Rescue, Armon Godly +41 81 836 50 40

Rescue contact: via first-aid workers on site threw radio.

A rescue ski patrol will be waiting at the top of the slope with:

- Transportation device: stretcher / sleigh / skidoo
- Immobilization device: mattress, splints, and cervical necklaces
- Intensive care device, oxygen therapy device, and semi-automatic defibrillation device
- Communication device: connected with radios

Controllers will stand along the slope with yellow flags to stop the race
Everybody will have a radio to give the alert.

9. Evacuation protocol for training and races

Rescue case Level 1:

- The controllers on site give the alert
- Transmission to the Central Control Room and to the ski patrol at the top of the slope
- A 1st member of the ski patrol comes down to determine the type of injury
- A 2nd first member of the ski patrol comes down at the same time with the required immobilization and evacuation device
- Intervention of the race doctor depending on the gravity of the injury (transported on a skidoo)
- Evacuation towards the bottom of the slopes
- The stretcher-bearer team then takes care of the injured person.
- Transport to the designated medical practice.

Rescue case Level 2:

- The controllers on site give the alert
- Transmission to the Central Control Room and to the ski patrol at top of the slope.
- A 1st member of the ski patrol comes down to determine the type of injury
- The rescue involves the functional prognosis and requires a emergency medical intervention
- The other members of the team assist the first member of the ski patrol.
- Intervention of the race doctor (transported on a skidoo)
- The Central Control Room gives the alert to the REGA based.
- The rescue ski patrol organizes and prepares the landing zone.
- The Mountain Rescue Department provides medical care on board for the injured person along with the Emergency Unit doctor
- The best way to evacuate the injured person and his final destination are determined by the Emergency Unit doctor.

Rescue case in the spectators

Intervention of the rescue ski patrol.

Minor injuries: can be taken care of at the Central Control Room, or at the closest first-aid post SOS Corviglia.

10. Medical care facilities / contacts

Medical Director / Operational Command Rescue Service

Armon Godly +41 81 836 50 40 Email armon.godly@montains.ch

Health Portal Engadin South Grisons

This site is partially a service of the Engadine Medical Association in collaboration with other providers in the region. Language DE/EN/IT/Rumantsch

[Health Portal Engadin South Grisons](#)

Local hospital Hospital Oberengadin +41 81 851 81 11
Via Nouva 3
7503 Samedan
time to go by car: 15 min

Hospital Klinik Gut St.Moritz +41 81 836 34 34
Via Arona 34
7500 St.Moritz
www.klinik-gut.ch

Air Ambulance REGA, Basic Samedan
Flying time from the Basic – Race 10 min

31.1.23