

Program Lenk SBX EC Training

Date: 10.3.2023

| | EC | |
|---------------------|-------------|------------------------|
| Nr. of Participants | 59 M / 25 W | Time per Heat 00:01:30 |

| Start | End | Event | Duration |
|---------------------|----------|----------------------------|----------|
| 08:00:00 | 08:30:00 | Race Office | 00:30:00 |
| 08:30:00 | | 1st Chair | |
| 09:00:00 | 09:15:00 | Inspection | 00:15:00 |
| 09:10:00 | | Inspection closed at Start | |
| 09:30:00 | 10:20:00 | Training 2 Run | 00:50:00 |
| 10:20:00 | 10:40:00 | Break | 00:20:00 |
| 10:40:00 | 12:40:00 | Heats | 02:00:00 |
| 30 min after finish | | Prize Giving @Finish Area | |



















