

# Swiss Skicross Tour Kids/Jun/Open/FIS, St.Moritz

## EVENT MEDICAL PLAN



January, 13<sup>th</sup> to 14<sup>th</sup> 2024  
February, 3<sup>rd</sup> to 4<sup>th</sup> 2024

**Program for the Medical Service (15 min before the beginning on the position)**

Official Program			
<b>Saturday</b>	<b>13.1.24, 09.40-14.30</b>	Training / Race, Single Time Trial Jun / Kids	Ski Cross Course Salastrains Public
<b>Sunday</b>	<b>14.1.24, 09.40-14.30</b>	Training, Race Holistic KO-Format Jun/Kids/Open	Ski Cross Course Salastrains Public
<b>Saturday</b>	<b>3.2.24, 09.40-14.30</b>	Training / Quali / Finale FIS and Open Race	Ski Cross Course Salastrains WC-Piste
<b>Sunday</b>	<b>4.2.24, 09.40-14.30</b>	Training / Quali / Finale FIS and Open Race	Ski Cross Course Salastrains WC-Piste

### 1. Medical Organisation

<b>MEMBERS</b>	Didi Waldspurger Linard Godly Barbara Steiner	Race Director Medical Director Paramedic/Rettungssanitäterin	+41 79 445 51 52 +41 79 445 52 20 +41 79 455 90 09 barbsteiner@bluewin.ch
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## 2. Medical Service

- **during official training and competition**
- Phone: +41 81 836 50 40 SOS Corviglia
- **All other times** OC Radio  
Emergency Call 144

## 3. Rescue teams for athletes on the course

### Competition-Day

- 1 Race Doctor; is by training beginning at the start.
- 1 ALS-Rescue-Teams on start.
- Helicopter in 10 min on the site (if necessary)

### Every Rescue-Team consists of ALS-Equipment

- Resuscitation equipment
- Immobilisation equipment
- Transport equipment Ski Doo / Akja
- Communications equipment

## 4. Team Doctors

- May approach their injured racer once the slopes have been closed and the patroller has given permission
- Attendance during transport (on land or in the air) cannot be guaranteed.
- The emergency doctor is responsible for the medical care of the athlete.

## 5. Air Rescue

- If for the rescue of the athlete a helicopter is necessary, the mountain rescue team is responsible, also for the technical operational command.
- 1 Helicopter / Air Ambulance are on the Samedan, flying time from coming 10 min.

## 6. ALS-Equipment

- 1 First aid worker
- Resuscitation equipment
- Immobilization equipment
- Communication equipment
- Emergency drugs

## 7. Available transport units

- 1 Ski Doo
- 2 Akja
- 1 Emergency ambulances (DIN EN 1789)  
stationed at the valley station St.Moritz and Samedan
- 1 Helicopter, stationed on the Samedan

## 8. Security on the slopes

Medical Director: Mountain Rescue, Linard Godly +41 81 836 50 40

Rescue contact: via first-aid workers on site threw radio.

A rescue ski patrol will be waiting at the top of the slope with:

- Transportation device: stretcher / sleigh / skidoo
- Immobilization device: mattress, splints, and cervical necklaces
- Intensive care device, oxygen therapy device, and semi-automatic defibrillation device
- Communication device: connected with radios

Controllers will stand along the slope with yellow flags to stop the race  
Everybody will have a radio to give the alert.

## 9. Evacuation protocol for training and races

### Rescue case Level 1:

- The controllers on site give the alert
- Transmission to the Central Control Room and to the ski patrol at the top of the slope
- A 1st member of the ski patrol comes down to determine the type of injury
- A 2nd first member of the ski patrol comes down at the same time with the required immobilization and evacuation device
- Intervention of the race doctor depending on the gravity of the injury (transported on a skidoo)
- Evacuation towards the bottom of the slopes
- The stretcher-bearer team then takes care of the injured person.
- Transport to the designated medical practice.

### Rescue case Level 2:

- The controllers on site give the alert
- Transmission to the Central Control Room and to the ski patrol at top of the slope.
- A 1st member of the ski patrol comes down to determine the type of injury
- The rescue involves the functional prognosis and requires a emergency medical intervention
- The other members of the team assist the first member of the ski patrol.
- Intervention of the race doctor (transported on a skidoo)
- The Central Control Room gives the alert to the REGA based.
- The rescue ski patrol organizes and prepares the landing zone.
- The Mountain Rescue Department provides medical care on board for the injured person along with the Emergency Unit doctor
- The best way to evacuate the injured person and his final destination are determined by the Emergency Unit doctor.

**Rescue case in the spectators**

Intervention of the rescue ski patrol.

Minor injuries: can be taken care of at the Central Control Room, or at the closest first-aid post SOS Corviglia.

**10. Medical care facilities / contacts**

**Medical Director / Operational Command Rescue Service**

Linard Godly +41 81 836 50 40 Email linard.godly@montains.ch

**Health Portal Engadin South Grisons**

This site is partially a service of the Engadine Medical Association in collaboration with other providers in the region. Language DE/EN/IT/Rumantsch

[Health Portal Engadin South Grisons](#)

**Local hospital** Hospital Oberengadin +41 81 851 81 11  
 Via Nouva 3  
 7503 Samedan  
 time to go by care: 15 min

**Hospital** Klinik Gut St.Moritz +41 81 836 34 34  
 Via Arona 34  
 7500 St.Moritz  
 www.klinik-gut.ch

**Air Ambulance** REGA, Basic Samedan  
 Flying time from the Basic – Race 10 min

3.1.24